

Missouri State Advisory Council on Pain and Symptom Management
August 10, 2006
1:00 – 3:00 p.m.
Department of Health and Senior Services

Attendees: Lori Ladd, Bruce Harrison, John Lucio, Jane Leshner, Tricia Schlechte, Desiree Mowry

Guests: Ann Corley

TOPIC	DISCUSSION	ACTION
Review of April Minutes	The minutes were previously emailed to the members of the council. No changes or revisions were added to the minutes.	Lori Ladd made a motion to accept the minutes. John Lucio seconded the motion. Motion carried.
Consumer Education Brochure	<p>Discussion re: changes to draft brochure:</p> <ul style="list-style-type: none"> • Change the definition of chiropractor to coordinate with our term on the website. • PSM website could be added in a couple of places on the brochure. • Page 3: Acetaminophen – should list that it also comes as a liquid. Also list mild to moderate pain not just mild pain. • Page 3: Opioids – Add suppositories and liquids to the list – “pills, skin patches, injections,” to complete list of normal routes. • Page 4: Acupuncture – change “alter” to “restoring.” • Areas addressed, e.g. side effects, need to be consistent throughout the brochure. • Reading level is high, look at modifying words where possible. • Add graphics/artwork to the brochure – potentially on page 2: adding a Zero – Ten Scale with the pain faces. If space allows, include a pain diary. <p>DHSS will format brochure and use state printing. Goal is to have available by December 2006.</p>	Tricia Schlechte and Lori Ladd will make the proposed edits to content and grammar and send back to Missouri Pain Initiative education committee. New version will be emailed to the council members when available.

September: Pain Awareness Month	<p>September 13th at 10 a.m. Governor Blunt will have a ceremony proclaiming September as Pain Awareness Month. A news release is being prepared.</p> <p>September 13th is veto session and legislators will be at the Capitol. Missouri Pain Initiative (MOPI) and other groups devoted to pain and symptom management will host an information table.</p> <p>Council members represent the Council's official position (Department's position). However, you are able to share personal positions in discussions with legislators.</p>	<p>Council members are to email Tricia if they are interested in attending the ceremony.</p> <p>Include the annual report as handout.</p>
Pain Report Card	<p>University of Wisconsin Pain & Policies Study Group report in 2004 gave Missouri a grade of "C". New report is due this fall, but doubt that grade will improve. Prior report cited 'ambiguous language'. Lori indicates a sub-committee of the Council identified the problematic language as they reviewed the documents mentioned in the report.</p>	<p>Tricia will check files for report and Lori will also check her files for subcommittee report.</p>
Health Professional Conferences	<p>MO Association of Osteopathic Physicians Scientific Conference being held January 25-28, 2007. Discussed offering panel presentation to help dispel the fear of action by the federal Drug Enforcement Agency and the state Bureau of Narcotics and Dangerous Drugs and Dr. John Lucio as content expert.</p> <p>MO Pharmacy Association has a conference in the spring. The program usually includes a couple of speakers, who provide education to pharmacists in the state. Bruce believes the conference is in April. Missouri Pharmacists have 15 hours of required continuing education, but the content is not specified.</p>	<p>Tricia will contact association with our offer for a session.</p> <p>Bruce will check on details and get back with Tricia.</p>
Joint Policy Statement	<p>Tricia sent letters with a copy of the draft joint statement requesting the Boards of Healing Arts, Pharmacy, and Nursing attend this meeting for discussion. The Board of Healing Arts met in July. The Board would</p>	<p>Tricia will develop comparison to assist Healing Arts Board to see elements of the national statement in the MO statement.</p>

	prefer to have other Boards wants the Council to consider having the other Boards adopt the their Federated Board statement. The Board agreed to continue to work with the Council on this issue. Board of Nursing and Pharmacy meetings are in early September.	
Articles	<p>Bruce shared an article from June issue of <i>Scientific American</i>, Toward Better Pain Control.</p> <p>A recent Primaris publication highlighted a Missouri nursing home that implemented a quality improvement project to proactively manage resident pain. Not only did pain decrease, but mobility increased, pressure sores decreased, and moods improved.</p>	<p>Distribute copy to Council members for review and recommendation on posting on webpage.</p> <p>Distribute copy to Council. Tricia will ask Primaris for permission to post on webpage.</p>
Data	The 2005 Behavioral Risk Factor Surveillance System (BRFSS) included a question regarding pain experienced in past 30 days that affected their ability to work, do normal activities or participate in recreation. 69% of Missourians have pain that affects their day-to-day life. Results are also available by region and that information will be provided. Bruce in interested in the methodology of the survey.	Tricia will continue to review the findings and provide information on the survey methodology to Council members.
Staff	Desiree has accepted a position in Washington D.C and will be leaving DHSS August 11. The Council thanked Desiree for her assistance.	
Next Meeting	December 12, 2006	

Approved: _____

Chair, Missouri State Advisory
Council on Pain and Symptom Management

Date: _____